



# PERSONAL STATEMENTS FROM PRIMARY CARE CLINICIANS

COLLECTED DECEMBER 11 - 15, 2020



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### Alabama

My name is **Thomas**, and I am a physician working in a primary care setting in rural Alabama. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have had staff exposed to unnecessary risk due to patients refusing to wear masks or not informing screening staff of symptoms. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Chris**, and I am a physician working in a hospital practice in rural Alabama. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

### Alaska

My name is **Ginger**, and I am a nurse practitioner working in my own practice in suburban Alaska. Because of the pandemic, I almost furloughed everyone but me twice, but didn't have to, small clinics share PPE up here, if you are a small clinic, not attached to a hospital system or a large medical group, your goal is to keep people out of the hospital but that is forgotten. We are the last group to be remembered and too busy to care. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and why are insurance companies lobbying their patients to use their telemedicine doctors at a reduced rate? ALL my patients show me these advertisements on their EOBs, insurance newsletters, etc. This is an unfair advantage and undermines what we do to make a primary care home. These people will only be seen if they have a particular insurance and by people who don't know them. This is absolutely NOT okay.

My name is **Julie**, and I am a physician working in my own practice in rural Alaska. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are about to collapse, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a

national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kristin**, and I am a physician working in a hospital practice in rural Alaska. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Arizona

My name is **Jane**, and I am a nurse practitioner working in a health system practice in rural Arizona. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have known physicians who died from COVID. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and all healthcare payers should provide equal pay for equal work. I have experience of over 20 years of reimbursement at 80 percent because I am educated as a nurse practitioner and not a physician. Research has proven Nurse Practitioner providers deliver equal or better patient care as physicians in primary care. Now, with COVID and mass exodus of physicians, perhaps it is a good time to right this inequity and recruit nurse practitioners with equal pay for equal work.

My name is **Krista**, and I am a nurse practitioner working in a primary care setting in urban Arizona. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE and have seen patients die from COVID-19. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated and I need my kids vaccinated so they can go to school and I can see patients in person.

My name is **Deb**, and I am a nurse practitioner working in a primary care setting in suburban Arizona. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Miki**, and I am a physician working in a primary care setting in suburban Arizona. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Kent**, and I am a physician working in a large medical group in urban Arizona. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were

likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

I am a physician working in a safety net clinic in urban Arizona. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

## Arkansas

My name is **Susan**, and I am a physician working in a primary care setting in rural Arkansas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

## California

My name is **Pavlina**, and I am a physician working in a large medical group in suburban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen members of my practice having working hours reduced due to budget issues. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it. Our patients need and deserve universal health insurance, please improve Obamacare, make it better and stronger. Due to various pressures Primary care is getting more complex over time and there are ways to support us, so we can effectively continue to treat our patients. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jeannine**, and I am a physician working in my own practice in suburban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and we need to be the center of care and we are not. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and promote a better model of care that makes primary care the focus/center of care and sustainable. That is what Direct Primary Care brings as a new innovation and method for support, with better care, better quality and better patient and physician satisfaction.

My name is **Joseph**, and I am a physician working in a health system practice in suburban California. Because of the pandemic, I just added volume and stress. Primary care needs your help. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Kathryn**, and I am a physician working in my own practice in suburban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and my staff live in multigenerational households and have all had COVID exposures causing them to miss work. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Elsa**, and I am a physician working in my own practice in suburban California. Because of the pandemic, I have gone into debt, had patients who were likely infected with COVID-19 but could not be tested, and due to lack of federal funding and decrease in patient load, I had to seek a part time employment to sustain my office and my family. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Stuart**, and I am a physician working in a health system practice in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and providing incentives to medical students to enter primary care, and/or reducing the number of specialty residency positions support by CMS. I live in Representative Pelosi's district and would enjoy the opportunity to discuss health care reform with a staff member.

My name is **Charlie**, and I am a physician working in a large medical group in suburban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and stabilize and expand on the coverages of the Affordable Care Act.

My name is **Jaya**, and I am a physician working in my own practice in suburban California. Because of the pandemic, I have seen how our public health system has failed us with extreme lack of communication, organization and assistance. Primary care needs your help, because we are about to collapse, our pipeline for new primary care workforce members is now shrinking, and we are unable to meet the current level of population need and it's getting worse. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Diana**, and I am a physician working in a direct primary care practice in urban California. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and get affordable and accessible testing with quick and accurate results. This would be a game-changer!

My name is **Jeanne**, and I am a nurse practitioner working in a community health center in rural California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and the federal government needs to help build back trust in the health care system. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, moving to adopt universal health care coverage for all Americans, and moving to adopt federal regulation of Nurse Practitioners to increase access to healthcare, to stop private insurance disparity to NP's versus MD's, and to help keep us open and caring for our community.

My name is **Kirsten**, and I am a physician working in a community health center in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and patients unable to afford food plus increases in homeless populations in our area as those from other states relocate here for services. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Matt**, and I am a physician working in a safety net clinic in rural California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and abolishing prisons like CTF Soledad which is currently responsible for COVID 19 outbreaks in my community and taking up hospital beds with extra PPE use by prison guards.

My name is **Maureen**, and I am a physician working in a safety net clinic in urban California. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, practices do not have the resources to compete for supplies like PPE on the open market, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies. Please help. We cannot wait.

My name is **Katie**, and I am a nurse practitioner working in a community health center in rural California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first



wave), and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jeremy**, and I am a physician working in my own practice in suburban California. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Donna**, and I am a nurse working in a community health center in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Carlin**, and I am a physician working in a community health center in suburban California. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Shelli**, and I am a physician working in a primary care setting in suburban California. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Deepak**, and I am a physician working in my own practice in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Michael**, and I am a physician working in a primary care setting in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jay**, and I am a physician working in a community health center in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ian**, and I am a physician working in a health system practice in suburban California. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Odile**, and I am a physician working in a large medical group in urban California. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Joann**, and I am a physician working in a government practice in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and we barely survived the first wave and surge – we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Meredith**, and I am a nurse practitioner working in a safety net clinic in urban California. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from



COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Laurie**, and I am a practice team member working in a primary care setting in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and the federal government needs to help build back trust in the health care system. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Ron**, and I am a physician working in a safety net clinic in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Clarissa**, and I am a physician working in a health system practice in urban California. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kimmy**, and I am a physician working in a safety net clinic in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Cynthia**, and I am a physician working in a community health center in urban California. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all

telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Laura**, and I am a physician working in a health system practice in urban California. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Nina**, and I am a physician working in a health system practice in urban California. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Pat**, and I am a physician working in my own practice in suburban California. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

## Colorado

I am a physician working in my own practice in rural Colorado. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and I have refinanced my home to reduce my mortgage, lost at least a year towards planned retirement and taken a 30% pay cut. Our practice is only open at all because of the PPP. Also, help end the insane burden on health care imposed DELIBERATELY by third party payers for their own financial gain – prior authorizations, formulary changes, revisions, restrictions, artificial coding edit denials etc. Implement material penalties for inappropriate denials delayed payment of claims. Make interacting with the insurance industry a billable event for clinicians. We are trying to swim in quicksand here.

My name is **John**, and I am a physician working in my own practice in suburban Colorado. Because of the pandemic, I have seen patients die from COVID-19 and got out of debt, consistently offered COVID testing when others could not, deployed on location telehealth services to people's homes via a dedicated service vehicle, launched remote monitoring and telehealth, and transitioned the company to an "Employee Owned" model for our 60 employees. We also saw an increase in our Direct Primary Care panels. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and remote monitoring, telehealth, on-location telehealth service vehicles with EMTs delivering "clinic at home" is best provided through independent primary care offices and not wasteful,

expensive hospital systems. You have a chance to help us by sustaining all telehealth payments at parity permanently and allowing patients to use their HSA to pay for Direct Primary Care memberships without tax penalty.

My name is **Dawn**, and I am a nurse practitioner working in my own practice in suburban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and would like to see senior leadership call out egress behaviors amongst all who do not follow CDC guidelines. Primary care needs your help, because the federal government needs to help build back trust in the health care system and apply more pressure to those who do not want to deal with legislation to help the people of the USA. Call out their behaviors! You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Patrick**, and I am a physician working in my own practice in rural Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and the mental health of quarantined patients and exhausted caregivers is a priority. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and I am of retirement age and thus vulnerable but I have stayed on to support my frail elderly patients maintain their focus on isolation. The dialogue in Washington has not helped caregivers realize their need for safety. Half the population does not understand math or statistics. The messaging needs to be local and involve primary care as trusted messengers to the populations they serve. The population health messaging has ignored primary care. The pharmaceutical and insurance have mega power and primary care has been overlooked to the public health detriment of the country. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Leto**, and I am a physician working in my own practice in urban Colorado. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and the US is already behind other OECD nations in health outcomes and access to care; if we lose even more primary care, healthcare spending and disparities will worsen and be even more of a drain on our economy and social fabric. You have a chance to help us by targeting primary care with immediate financial relief, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jen**, and I am a medical assistant working in a primary care setting in rural Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and we have seen a significant increase in stress/anxiety in our staff, physicians, and patients. We have seen large decrease in income due to limiting hours and spacing appointments out to increase staff and patient safety. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **David**, and I am a physician working in my own practice in rural Colorado. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes

with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and increase funding to the care centers that provide care for your most vulnerable population. It has long been ignored and beaten up by regulations. Nursing homes could barely survive prior to the pandemic, now many are going bankrupt. What is the plan when there are not enough nursing homes for these fragile and vulnerable patients?

My name is **Tracy**, and I am a nurse practitioner working in my own practice in rural Colorado. Because of the pandemic, I have gone into debt, had members of my practice furloughed or laid-off, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are about to collapse, without it we will not survive, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Glenn**, and I am a physician working in a primary care setting in rural Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Peter**, and I am a physician working in a health system practice in suburban Colorado. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jose**, and I am a physician working in a large medical group in suburban Colorado. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Amanda**, and I am a physician working in a safety net clinic in urban Colorado. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Margo**, and I am a nurse practitioner working in a free or charitable clinic in suburban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Deborah**, and I am a physician working in a primary care setting in urban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Katie**, and I am a physician working in a primary care setting in suburban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **David**, and I am a physician working in a health system practice in urban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because without it we will not survive, we barely survived the first wave and surge we cannot survive the next, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Helen**, and I am a physician working in my own practice in suburban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Mark**, and I am a physician working in my own practice in suburban Colorado. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based



care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Whitney**, and I am a physician working in my own practice in urban Colorado. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Jamie**, and I am a physician working in a direct primary care practice in suburban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Brieanna**, and I am a physician working in my own practice in urban Colorado. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Stephanie**, and I am a physician working in a community health center in urban Colorado. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse and if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Christopher**, and I am a physician working in a hospital practice in urban Colorado. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.



## Connecticut

My name is **Priya**, and I am a physician working in my own practice in suburban Connecticut. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Wayne**, and I am a physician working in my own practice in suburban Connecticut. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and moving to adopt universal health care coverage for all Americans.

## District of Columbia

My name is **Mark**, and I am a physician working in a primary care setting in urban DC. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and I have had Covid-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment. The current health care system cannot be reformed. It needs to be rebuilt from the ground up.

My name is **George**, and I am a physician working in a health system practice in urban DC. Because of the pandemic, I have seen patients die from COVID-19, have seen patients die from COVID-19 related gaps in care, and have been awestruck by the dedication and courage of my colleagues and staff to assure the health and well-being of our patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment. As a nation, we need to move from fee-for-service primary care to a population health model with sufficient potential that clinicians can earn comparable incomes to their peers in acute care settings. Second, we need to uncouple health insurance from employment and assure universal access. Third, stop protecting high-margin, health-related industries and allow the market to determine value for how and where care is delivered, and the costs for medications, imaging and laboratory testing.

My name is **Luis**, and I am a physician working in a safety net clinic in urban DC. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps

in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ashesh**, and I am a physician working in my own practice in urban DC. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Rona**, and I am a physician working in a community health center in urban DC. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Joel**, and I am a physician working in my own practice in urban DC. Because of the pandemic, I have gone into debt. Primary care needs your help, because we are about to collapse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Yalda**, and I am a physician working in a health system practice in urban DC. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Delaware

My name is **Kimberly**, and I am a physician working in my own practice in suburban Delaware. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated. Government issued COVID immunization supplies, PPE, Epi Pens, materials, policies, and procedures would allow us to

spend our time administering the vaccine instead of ramping up a program from scratch in each office. This is particularly important for the small solo providers.

My name is **Veronica**, and I am a nurse practitioner working in a primary care setting in suburban Delaware. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Florida

My name is **Joy**, and I am a practice team member working in a health system practice in urban Florida. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). We have seen the benefit of having pharmacists and dentists as part of the primary care team, this needs to be expanded to all primary care practices for the overall health of the patients. You have a chance to help us by dismantling the whole system and starting over with whole person care by a team including a variety of different professions to benefit the patient. Administration needs to be overhauled and the billing needs to be much simpler, fewer prior authorizations, choice in a variety of plans that are not all the same. Efforts need to be put into improving health literacy of adults and incorporating more health into education for children of all ages.

My name is **Michele**, and I am a physician working in a direct primary care practice in suburban Florida. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and support transparency in pricing. Americans should not have to choose between medications/routine primary care and rent/food!

My name is **Karin**, and I am a nurse practitioner working in a safety net clinic in suburban Florida. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and all of these are needed! Our country desperately needs a national health system that provides health promotion and prevention for all citizens (including those who are legal immigrants). We should turn our focus to health education, health literacy, and barriers to preventing access to quality, safe, and affordable healthcare, including primary care. Thank you!

My name is **Kim**, and I am a nurse practitioner working in a health system practice in suburban Florida. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Alden**, and I am a physician working in my own practice in urban Florida. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because without it we will not survive. You have a chance to help us by sustaining all telehealth payments at parity permanently.

My name is **Seth**, and I am a physician working in a large medical group in suburban Florida. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jason**, and I am a physician working in my own practice in suburban Florida. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Victor**, and I am a physician working in my own practice in suburban Florida. Because of the pandemic, I have gone into debt, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are about to collapse, we are unable to meet the current level of population need and it's getting worse, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Steven**, and I am a physician working in my own practice in suburban Florida. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because without it we will not survive, so many are choosing to retire early or leave practice because it is too dangerous without proper resources, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Salma**, and I am a physician working in my own practice in suburban Florida. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we have received little help to this point and we are fragile, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

## Georgia

My name is **Jacqueline**, and I am a physician working in my own practice in rural Georgia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and losing 2 physicians – COVID has become the straw breaking the primary care camel's back!. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Juliet**, and I am a physician working in my own practice in urban Georgia. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19 related gaps in care, and observed a substantial increase in anxiety and stress amongst myself, my partners and my employees because of the broad range of demands – including occupational and family demands that have increased during the pandemic. Primary care needs your help, because if primary care fails, the health system goes with it, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Pamela**, and I am a practice team member working in a government practice in suburban Georgia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and passing legislation to include pharmacists as providers under Medicare to establish a common method for reimbursement of our services. Pharmacists provide valuable chronic care management services (adjusting doses, assuring safe medication use, assuring evidence-based medicine use, improve adherence, monitoring through ordering and interpreting labs, and education and coaching of both providers and patients); however, pharmacists are underutilized due to a lack of provider status needed to be sustainably reimbursed for services. Pharmacist's visits can be used as supplements to primary care provider (MD, DO, NP, etc.) visits and at times in place of routine visits, opening up access to the primary care provider to perform the duties they were best trained to perform - diagnosis.

My name is **Antonio**, and I am a physician working in a health system practice in urban Georgia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and we need to keep patients in the lowest acuity setting, coordinate their care efficiently across providers and optimize the patient experience. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.



My name is **Mike**, and I am a practice team member working in a free or charitable clinic in suburban Georgia. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we have received little help to this point and we are fragile and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us. Keep lower regulations on telehealth to allow the underserved population access to care. Most do not have the needed bandwidth for telehealth, so we need to be able to call them. Nonprofits need federal free money to cover the lost donations from the unemployed and church closings.

My name is **Asha**, and I am a physician working in a primary care setting in suburban Georgia. Because of the pandemic, I had members of my practice furloughed or laid-off, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Stacie**, and I am a physician working in a hospital practice in urban Georgia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kim**, and I am a physician working in a hospital practice in suburban Georgia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Tracey**, and I am a physician working in a hospital practice in urban Georgia. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Harry**, and I am a physician working in a health system practice in urban Georgia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and



without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Idaho

My name is **Josh**, and I am a practice team member working in a free or charitable clinic in urban Idaho. Because of the pandemic, I have seen increase in social service needs, mental health, and substance use, but wouldn't call it dramatic yet. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment. Be united across parties in addressing these issues and please don't make it partisan. The disunity we see in your leadership is disheartening especially in the challenging times we are facing. I am not saying agree on everything, but please try to find where you can agree across parties and focus on these things. More than healthcare, the American people have lost faith in our political system and politicians across parties.

My name is **Elizabeth**, and I am a practice team member working in a health system practice in rural Idaho. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we have received little help to this point and we are fragile, and we are physically, emotionally and mentally exhausted, continue fatigue will lead to patient safety issues. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time and pass a bill to help our patients that are facing hardships during this pandemic. STOP playing politics and help the people you represent.

My name is **Tracy**, and I am a practice team member working in a large medical group in suburban Idaho. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care. In addition, you could 1. Update HIPAA requirements so that it is easier to text and email patients. 2. Increase reimbursement for COVID Vaccine administration. It does not cover our costs. 3. Subsidize colleges and universities so that they train and graduate more nurses and medical assistants. My state has NO schools that graduate LPN level nurses. 4. Increase reimbursement for the Abbott COVID IDNOW test. It actually takes MORE staff time to offer this test than a send out PCR test.

My name is **Caitlin**, and I am a physician working in a hospital practice in urban Idaho. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Joanne**, and I am a nurse working in a free or charitable clinic in urban Idaho. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive and if I close, people in my community have no other access. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

## Illinois

My name is **Melissa**, and I am a behavioral/mental health specialist working in a community health center in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients directly infected with COVID and suffering from grief of family members dying from COVID. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and FQHCs are on the frontlines of testing and prevention and require sustained funding to support this boots-on-the-ground work. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and long term funding of community health centers and FQHCs. Do away with the cliff. We are the backbone of primary care at lower cost and higher quality with integrated care teams. Support with parity funding for BH medical and dental services.

My name is **Michael**, and I am a physician working in my own practice in rural Illinois. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE and at home on oxygen after ICU admission. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Peter**, and I am a physician working in my own practice in suburban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief. We need the help. We need it now. We are suffering.

My name is **Michael**, and I am a physician working in my own practice in suburban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse. We can't get young medical students interested in primary care when payments are low and student loans are high. Think about it. We are being asked to be in the front lines of this pandemic and we are traditionally getting paid less than the rest of the healthcare system. Specialists continue to charge much more per visit than we do despite the fact that we have to take care of a multitude more problems. We are burning out. In one visit I provide the care of diabetes, high blood pressure, gout, and arthritis. Literally for a fraction of what it would cost if the patient saw an endocrinologist, cardiologist, rheumatologist, etc. If the US is to have robust access to PCP the payment model needs to change. And simplify – too much paperwork to get things done! You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and

team-based care, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Dana**, and I am a nurse practitioner working in a community health center in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have been able to utilize telehealth to get better control of chronic health conditions for some of my most complicated patients. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Stephen**, and I am a physician working in my own practice in rural Illinois. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and the anger/protest directed at medical providers and the hardship on my family. Primary care needs your help, because we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Kathya**, and I am a physician working in a direct primary care practice in urban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and forgive student loans.

My name is **Brigid**, and I am a physician working in a primary care setting in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by providing the support to patients that will help them to make payments on housing, obtain food, and pay for medications. I am seeing patients struggle to meet basic needs now more than ever before and they need financial assistance and housing security. They also need to have access to mental health resources regardless of insurance type and our system needs to have more mental healthcare providers (both therapists and psychiatrists).

My name is **Daniel**, and I am a physician working in my own practice in rural Illinois. Because of the pandemic, I have gone into debt. Primary care needs your help, because we are about to collapse and without it we will not survive. You have a chance to help us by targeting primary care with immediate financial relief.

My name is **Paul**, and I am a physician working in my own practice in rural Illinois. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Labianca**, and I am a physician working in a large medical group in suburban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or

insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Shawn**, and I am a practice team member working in a free or charitable clinic in suburban Illinois. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by targeting primary care with immediate financial relief, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Shana**, and I am a physician working in my own practice in suburban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off. Primary care needs your help, because the federal government needs to help build back trust in the health care system, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Stephen**, and I am a physician working in a community health center in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Erick**, and I am a physician working in a safety net clinic in urban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Luis**, and I am a physician working in my own practice in suburban Illinois. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with

immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Alvaro**, and I am a physician working in my own practice in suburban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Debbie**, and I am a physician working in my own practice in suburban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Alex**, and I am a physician working in a health system practice in suburban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mike**, and I am a practice team member working in a free or charitable clinic in suburban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Thomas**, and I am a physician working in a health system practice in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.



My name is **Marcin**, and I am a physician working in a health system practice in suburban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Sara**, and I am a nurse practitioner working in a large medical group in suburban Illinois. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Frank**, and I am a physician working in a primary care setting in urban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Wendy**, and I am a physician working in a hospital practice in suburban Illinois. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if I close, people in my community have no other access. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Emily**, and I am a nurse practitioner working in a free or charitable clinic in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Aaron**, and I am a physician working in a health system practice in urban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and



demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Joyce**, and I am a physician working in a hospital practice in urban Illinois. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kimberly**, and I am a physician working in a hospital practice in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Alap**, and I am a physician working in a primary care setting in suburban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Beth**, and I am a physician working in a direct primary care practice in urban Illinois. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Rebecca**, and I am a physician working in a primary care setting in suburban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Rachel**, and I am a physician working in a community health center in suburban Illinois. Because of the pandemic, I had members of my practice furloughed or laid-off, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help,

because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Indiana

My name is **William**, and I am a physician working in a health system practice in suburban Indiana. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jason**, and I am a physician working in a health system practice in urban Indiana. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19 related gaps in care, and have seen patients and health care providers be unnecessarily stressed because of inadequate Executive and Legislative branch leadership from Washington DC. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Meredith**, and I am a physician working in a hospital practice in rural Indiana. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mike**, and I am a physician working in a health system practice in suburban Indiana. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Christopher**, and I am a physician working in a health system practice in suburban Indiana. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE

and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

## Iowa

My name is **Christy**, and I am a nurse practitioner working in a direct primary care practice in rural Iowa. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Kansas

My name is **Shanon**, and I am a physician working in a hospital practice in rural Kansas. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment. It would be so helpful to see clear distribution plan for the COVID vaccine as well as moving towards universal health care coverage.

My name is **Jennifer**, and I am a physician working in my own practice in rural Kansas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and unified, public support of medical providers and public health and more funding for public health.

My name is **Sean**, and I am a physician assistant working in a community health center in rural Kansas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, the federal government needs to help build back trust in the health care system, and if I close, people in my community have no other access. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Michele**, and I am a physician working in a government practice in urban Kansas. Because of the pandemic, I closed my office, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are about to collapse, without it we will not survive, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Allison**, and I am a physician working in a direct primary care practice in urban Kansas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

## Kentucky

My name is **Julie**, and I am a nurse practitioner working in a primary care setting in rural Kentucky. Because of the pandemic, I had members of my practice furloughed or laid-off and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by targeting primary care with immediate financial relief, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ashley**, and I am a nurse practitioner working in my own practice in rural Kentucky. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

## Louisiana

My name is **Maureen**, and I am a nurse practitioner working in my own practice in suburban Louisiana. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Susan**, and I am a nurse practitioner working in my own practice in rural Louisiana. Because of the pandemic, I have gone into debt and have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination

supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Maine

My name is **Ben**, and I am a physician working in a direct primary care practice in urban Maine. Because of the pandemic, I saw an improvement in ability to care for patients because I own a direct care practice. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Christina**, and I am a physician working in a health system practice in urban Maine. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and working to expand public health infrastructure - including access to broadband - for access in rural area.

My name is **Katie**, and I am a nurse practitioner working in a health system practice in suburban Maine. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Brad**, and I am a physician working in a primary care setting in suburban Maine. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jonathan**, and I am a physician working in a large medical group in suburban Maine. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private



insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Debra**, and I am a physician working in a health system practice in urban Maine. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Elisabeth**, and I am a physician working in a large medical group in urban Maine. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Sarah**, and I am a physician working in a primary care setting in suburban Maine. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

## Maryland

My name is **Alexa**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and know an MD who died from COVID; have colleagues who have furloughed staff or retired due to COVID. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). Primary care can manage outpatient care of chronic medical conditions to relieve burden on ERs and acute hospitals that are overwhelmed! You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Joe**, and I am a physician working in my own practice in rural Maryland. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, demonstrating a national commitment to support primary care focus as

foundational to the nation's health and worthy of significant investment, and listening to science, providing thoughtful leadership, communicating well, and continuing to wear a mask.

My name is **Rhonique**, and I am a physician working in a health system practice in suburban Maryland. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and switched to telehealth and many of my older patients have difficulty adapting. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Ramona**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and even before the pandemic, burn out and early retirement were shrinking the primary care workforce; it is worsening. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Roy**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I had members of my practice furloughed or laid-off, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans. You can help support "patients over paperwork". We are drowning in paperwork and documentation requirements. MIPS is burdensome and adds no value. EHRs need to be interoperable, easier to use, and less costly. Primary geriatric care is essentially unsustainable apart from an institutional or other funding source. The collective drag of these and other factors have led me to plan on retiring several years earlier than I would otherwise have retired.

My name is **Rexford**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I have gone into debt, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Stephanie**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sri**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase

in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Rebecca**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Andrew**, and I am a physician working in my own practice in suburban Maryland. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, so many are choosing to retire early or leave practice because it is too dangerous without proper resources, and our pipeline for new primary care workforce members is now shrinking. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Stephanie**, and I am a physician working in a health system practice in urban Maryland. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we barely survived the first wave and surge and we cannot survive the next: if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mihir**, and I am a physician working in a health system practice in urban Maryland. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Colleen**, and I am a physician working in a health system practice in urban Maryland. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a

national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

I am a physician working in a government practice in suburban Maryland. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Asha**, and I am a physician working in a health system practice in suburban Maryland. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

## Massachusetts

My name is **Clara**, and I am a physician working in my own practice in urban Massachusetts. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and I am in such financial distress due to loss of income that my tiny practice is in danger of going out of business. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). I have been in practice since 1984, and some of my patients have been with me since 1981. I would like to keep taking care of them, and they are afraid they will lose me. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Sharon**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and we need point of service testing and to be important enough to big hospital systems to be able to get the vaccine. Don't sell it all to CVS. Primary care needs your help, because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sharon**, and I am a physician working in a health system practice in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources and my health care system is not addressing the indoor air issues in our medical practices. You have a chance to help us by requiring health care systems address indoor air transmission and COVID 19 in their medical offices.

My name is **Michele**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I have seen patients die from COVID-19 and have seen patients die from COVID-19 related gaps in care.

Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). In my practice of nephrology and primary care, we are caring for the most complex, chronically ill patients. Our typical patient has kidney disease, diabetes, heart disease, and peripheral arterial disease. Many of our patients are on dialysis. My typical patient is on 12 medicines. Managing all this complex illness and coordinating care for multiple problems across multiple specialists is extremely time-consuming to do well. My typical workday is 16 hours, and more than half of that is not billable. We need more staff but I can't afford them because we are not compensated for the complexity of the care we provide with the extra time it takes. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and eliminate the regulatory obstacles to independent practice associations' ability to recruit new doctors. The hospitals can give financial support to new doctors but we can't. Private practice can't compete with the hospital-owned networks, which are just getting bigger. They want to force us into employment or get rid of us. Help us maintain access to our patients. Get rid of tiering for primary care – all primary care practices should be tier 1 to ensure access at reasonable cost to patients.

My name is **Chris**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it. I am considering early retirement from Primary Care due to stress. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Laura**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and ENDING VOLUME BASED MEDICINE! It is destroying primary care. We need time with patients to care for them but if we opt for time over volume, we can't pay our own loans. We are not afraid of working hard but also need to be acknowledged the work we do that is at least to close to on par with our specialty colleagues. More importantly there also needs to be economic parity across health systems. Here in Boston, one health system can get paid 33% more for the same service in a different system because of better negotiated rates or larger market share. There is no equity in the finances especially for the primary care providers who struggle to care and advocate for patients in a system that is fragmented and administratively burdensome for both patient and provider.

My name is **Megan**, and I am a physician working in a primary care setting in urban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and overpanelled due to staff leaving because of the pandemic. Primary care needs your help, because without it we will not survive, so many are choosing to retire early or leave practice because it is too dangerous without proper resources, and our pipeline for new primary care workforce members is now shrinking. You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Julita**, and I am a physician working in a community health center in urban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from



COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and we are trusted in our communities and can be better leveraged. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Murali**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested. The contradictory/confusing guidelines have caused social isolation leading to depression, anxiety, weight loss and death in elderly nursing home residents. A pandemic of loneliness for the Nation's elderly. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Scott**, and I am a physician working in my own practice in rural Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ed**, and I am a physician working in a health system practice in suburban Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Kanu**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Elizabeth**, and I am a physician working in a health system practice in urban Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Eric**, and I am a physician working in a health system practice in suburban Massachusetts. Because of the pandemic, I closed my office, had members of my practice furloughed or laid-off, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because the federal government needs to help build back trust in the health care system, we barely survived the first wave and surge and we cannot survive the next, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Deborah**, and I am a physician working in my own practice in urban Massachusetts. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, so many are choosing to retire early or leave practice because it is too dangerous without proper resources, and our pipeline for new primary care workforce members is now shrinking. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Tom**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ted**, and I am a physician working in my own practice in rural Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and we are unable to meet the current level of population need and it's getting worse. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Karen**, and I am a physician working in a primary care setting in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Dhiren**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth

payments at parity permanently, targeting primary care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Karthik**, and I am a physician working in a health system practice in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Basmaa**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Christine**, and I am a physician working in a hospital practice in urban Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Wayne**, and I am a physician working in my own practice in suburban Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Katherine**, and I am a physician working in a primary care setting in suburban Massachusetts. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **George**, and I am a physician working in a community health center in urban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Leigh**, and I am a physician working in a hospital practice in urban Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Jennifer**, and I am a physician working in a health system practice in urban Massachusetts. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Ilana**, and I am a nurse practitioner working in a free or charitable clinic in rural Massachusetts. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Michigan

My name is **Jill**, and I am a physician working in a health system practice in urban Michigan. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and saw patients delay needed primary care services due to fears around COVID. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Marie**, and I am a physician working in a health system practice in suburban Michigan. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a

dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). Evidence clearly shows that effective primary care consistently provides better outcomes at lower costs. Why would you put money elsewhere? You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mike**, and I am a physician working in a health system practice in suburban Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile. We absolutely need to do a better job of assisting our patients with social and mental health problems - and we will need assistance in building sustainable coalitions with our community partners. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Scott**, and I am a physician working in my own practice in rural Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are about to collapse, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Dave**, and I am a physician working in a health system practice in suburban Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and we barely survived the first wave and surge and we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Robert**, and I am a physician working in a health system practice in suburban Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Mitch**, and I am a physician working in a health system practice in urban Michigan. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You



have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Diane**, and I am a physician working in a health system practice in rural Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Karen**, and I am a physician working in a health system practice in suburban Michigan. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and moving to adopt universal health care coverage for all Americans.

My name is **Jean**, and I am a physician working in a health system practice in urban Michigan. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we barely survived the first wave and surge and we cannot survive the next, and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Masahito**, and I am a physician working in a health system practice in suburban Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we barely survived the first wave and surge and we cannot survive the next, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Pamela**, and I am a physician working in a primary care setting in suburban Michigan. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sara**, and I am a physician working in a hospital practice in suburban Michigan. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Martha**, and I am a physician working in my own practice in urban Michigan. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Beth**, and I am a nurse practitioner working in my own practice in suburban Michigan. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

## Minnesota

My name is **Colleen**, and I am a practice team member working in a community health center in urban Minnesota. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Tim**, and I am a physician working in a health system practice in urban Minnesota. Because of the pandemic, I had members of my practice furloughed or laid-off, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we have received little help to this point and we are fragile, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Diana**, and I am a physician working in a health system practice in suburban Minnesota. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and we are not ready for the next wave of the pandemic

or the long term health impacts of COVID-19. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

## Mississippi

My name is **Tiffany**, and I am a nurse practitioner working in a primary care setting in suburban Mississippi. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and saw LPN at my practice die from COVID 19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, practices do not have the resources to compete for supplies like PPE on the open market, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

## Missouri

My name is **Meera**, and I am a nurse practitioner working in a direct primary care practice in suburban Missouri. Because of the pandemic, I closed my office, have gone into debt, and had members of my practice furloughed or laid-off. Primary care needs your help, because without it we will not survive, we barely survived the first wave and surge, we cannot survive the next, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and most importantly if removing the obstacle of time limits on reimbursement policies. Currently it is between 60-90 days causing stress, a 18 month policy seems appropriate and feasible when we are struggling.

My name is **Lara**, and I am a physician working in a direct primary care practice in rural Missouri. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and putting insurance companies and hospital corporations back in their place, secondary to the primary relationship between physicians and their patients..

My name is **Richelle**, and I am a physician working in a health system practice in suburban Missouri. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and strengthening financial support of primary care to enable us to attract more medical school graduates, and provide comprehensive primary care to all Americans, to both lower the overall cost of healthcare in the US and increase its quality.

My name is **Mary**, and I am a nurse practitioner working in a government practice in urban Missouri. Because of the pandemic, I have seen politicians procrastinate and fight over their issues rather than doing what is best for the population. I have watched the Republican party go down the “rabbit hole” of Trump paranoia and psychosis, and it is killing this country! Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it’s getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care and demonstrating a national commitment to support primary care focus as foundational to the nation’s health and worthy of significant investment.

My name is **Tom**, and I am a physician working in a health system practice in suburban Missouri. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation’s health and worthy of significant investment.

My name is **Grant**, and I am a physician working in a health system practice in suburban Missouri. Because of the pandemic, I had members of my practice furloughed or laid-off, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

## Montana

My name is **Cara**, and I am a physician working in a direct primary care practice in rural Montana. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

## Nevada

My name is **James**, and I am a physician working in my own practice in urban Nevada. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and I have been recruited from my Primary Care practice to go back into the hospital to help with COVID overflow. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and funding has shifted towards hospitals and ICU’s. Primary care (ambulatory clinics) who depend on government or insurance money are suffering. Patients are forced to seek other options like DPC. You have a chance to help us by targeting primary care with immediate financial relief and requiring all clinics to post prices. Give patients the option to bill the third party - or to pay the clinic directly.

My name is **Catherine**, and I am a physician working in a hospital practice in suburban Nevada. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had

patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Andy**, and I am a physician working in my own practice in suburban Nevada. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Alvin**, and I am a physician working in my own practice in suburban Nevada. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Leslie**, and I am a physician working in a government practice in suburban Nevada. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, without it we will not survive, and so many are choosing to retire early or leave practice because it is too dangerous without proper resources. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Ashley**, and I am a physician working in a government practice in suburban Nevada. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

## New Hampshire

My name is **Gus**, and I am a physician working in a health system practice in suburban New Hampshire. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary



care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

## New Jersey

My name is **Grace**, and I am a practice team member working in a free or charitable clinic in suburban New Jersey. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. I was tested for Covid19 when a practice team member was infected. I was negative. I attribute this negative test on our strict infection prevention practices. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and our health system has a dedicated post-covid outpatient practice to manage patients with longterm complications such as respiratory symptoms, musculoskeletal reconditioning, fatigue and anticoagulation management for blood clot management. You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and as a pharmacist, I am facing barriers because I am not recognized as a provider. I cannot fully work as a physician extender. We could provide care to a greater number of patients if I had federal recognition as a health care provider. The standard for pharmacist training is 3 to 4 years of higher education in a Bachelors program. Plus completion of a 4-year doctor of pharmacy higher education degree. Plus pharmacists pursue 1 to 2 years of post graduate training. We achieve licensure by a national licensure exam. We achieve certifications by a national board certification program. We pass state law exams. We maintain biannual requirements to maintain continuing education requirements mandated by the state. Pharmacists are highly educated and trained health care professionals. .

My name is **Teresa**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I had members of my practice furloughed or laid-off and we have probably treated many people who are carrying virus but we can't test in our office - we need to have rapid tests in our offices! Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and we need a steady stream of affordable PPE so we can continue to work safely. Our supplies are all back ordered. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and not forgetting that Dentists are important primary care physicians and we need better reimbursement from insurance companies to afford working under these conditions.

My name is **Carla**, and I am a physician working in a health system practice in suburban New Jersey. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and primary care is vital to the health of a community and our nation and in decreasing the cost of health care in our country. You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and the recent need for telehealth highlighted the archaic system of licensing physicians by state. Rendering care is determined by the location of the patient not the physician during a telehealth visit. This means I'm not able to "see" long time patient who lives across the river in another state or who has decided to stay with family in another state. There have been emergency changes to this but this needs to change permanently. It does not serve the health of a patient to be unable to see their own physician. Medical homes and continuity are key.

My name is **Ruby**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a

vaccine is going to require healthy primary care infrastructure and the future of independent Primary Care hangs in the balance. I am fine but I see my colleagues knuckling under. Once independent practices are acquired by a larger system, care is more expensive and suffers in quality and continuity. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Erika**, and I am a physician working in a primary care setting in suburban New Jersey. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are about to collapse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment. Primary care does 3 times the work of specialists and gets paid the least. Start funding non face to face time for record review, telephone follow up, coordination of care. It's obscene how much surgeons get paid for an hour of their time while Primary Care providers spend hours on non billable services in order to provide quality care. It's unfair to penalize Primary care doctors for patient non compliance with quality measures and burden them with hours of paperwork and CPT 2 codes to prove they are caring for patients. .

My name is **Ritu**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Robert**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Lauren**, and I am a physician working in a hospital practice in suburban New Jersey. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Thomas**, and I am a physician working in my own practice in urban New Jersey. Because of the pandemic, I closed my office, had members of my practice furloughed or laid-off, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's

getting worse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Alicia**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are about to collapse, without it we will not survive, and so many are choosing to retire early or leave practice because it is too dangerous without proper resources. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Michael**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Moris**, and I am a physician working in a primary care setting in rural New Jersey. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Manisha**, and I am a physician working in a health system practice in suburban New Jersey. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Dominic**, and I am a physician working in my own practice in suburban New Jersey. Because of the pandemic, I have gone into debt, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Judy**, and I am a physician working in a health system practice in suburban New Jersey. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary

care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Jonathan**, and I am a physician working in a health system practice in urban New Jersey. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Alfred**, and I am a physician working in a large medical group in urban New Jersey. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## New Mexico

My name is **Sarah**, and I am a physician working in a community health center in rural New Mexico. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, the federal government needs to help build back trust in the health care system, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Andrew**, and I am a physician working in my own practice in rural New Mexico. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, so many are choosing to retire early or leave practice because it is too dangerous without proper resources, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Chuck**, and I am a physician working in a health system practice in urban New Mexico. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate

financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

## New York

My name is **Lisa**, and I am a physician working in my own practice in urban New York. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, have seen patients die from COVID-19. We practiced empirical medicine in March and April in NYC. We cared for presumed Covid -19 patients over the phone but couldn't test them and tried not to send anyone to the overwhelmed Emergency Rooms unless they were sick enough for admission. We did not catch the virus in our office because we closed it early to avoid spreading infection. We caught it from community spread despite best infection control practice and masking because the prevalence was so high. We covered for physicians who were hospitalized even though we were recuperating ourselves. Our daughter is a frontline hospitality caring for ventilator patients in 12 hour shifts and informs us the surge is back. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, if primary care fails, the health system goes with it, and my patients ask me if they should take the vaccine and turn to me with all their questions. Private practice physicians are trusted advisers. You lose that trust and connection when you lose practices and substitute big impersonal health care systems for primary care. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and we are open again but scrambling to find PPE and struggling with pandemic protocols to insure that our office remains a safe space for visits. We will need funding for supplies like syringes and alcohol wipes and disinfectants and PPE so we can efficiently vaccinate our community without losing more money. We are donating our labor, Congress should fund the supplies. .

My name is **Dan**, and I am a physician working in a direct primary care practice in suburban New York. Because of the pandemic, I increase in emotional stress among patients, not sure if dramatic. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and current health care system is not meeting the needs of the population, needs fundamental redesign.

My name is **Robert**, and I am a physician working in my own practice in urban New York. Because of the pandemic, I closed my office, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and my office doors closed, and I work in the virtual space for now, since I have 46 years experience and asthma. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Mahala**, and I am a physician working in a hospital practice in urban New York. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and identifying areas with a critical shortage of primary care physicians and investing in primary care resources for those communities. Promoting multimodal partnerships between community agencies and primary care providers to foster trust in the medical system.



My name is **Shahla**, and I am a physician working in a health system practice in urban New York. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and developing a clear plan for Covid vaccine administration that is clearly communicated and creating a way to have a web based or app based ( or both) record of pts receiving it. Similar to current surescript in New York allowing providers to see what vaccine and when patient has received (easily pull that to EMR). Also considering of some type of mandate when enough supply of Covid vaccine is available for the purpose of national health.

My name is **Andreas**, and I am a physician working in a safety net clinic in urban New York. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and improve access for underrepresented minorities to phones and training expertise to use phones and videos.

My name is **Leslie**, and I am a physician working in a health system practice in suburban New York. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Michael**, and I am a physician working in a large medical group in suburban New York. Because of the pandemic, I have gone into debt and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Phelan**, and I am a nurse practitioner working in my own practice in urban New York. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, without it we will not survive, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Masha**, and I am a physician working in a safety net clinic in urban New York. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care

workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Kristin**, and I am a physician working in a hospital practice in urban New York. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Susan**, and I am a behavioral/mental health specialist working in a primary care setting in urban New York. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Betsy**, and I am a physician working in a health system practice in urban New York. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Colleen**, and I am a physician working in a hospital practice in urban New York. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## North Carolina

My name is **Ben**, and I am a physician working in my own practice in urban North Carolina. Because of the pandemic, I never stopped taking care of my patients needs in whatever way was safest and most medically appropriate. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking and we believe that direct primary care is the ideal way to practice primary care and give med students and residents the chance to be

“real doctors” and help people in need without government or third party payers needed. DPC is a great stabilizing force in primary care in that it is not dependent on outside money or system and even a small community of 600 patients can support a DPC doctor. DPC is easily copied and replicated and can strengthen our healthcare system by being a deep and capable first line defense for health care needs. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and we need no financial or regulatory help. Without the unnecessary costs of billing and coding and collecting fee for service payments, doctors can provide personalized and comprehensive primary care for \$60 per month for adults. To the extent that you look to provide health care for Americans, please look at making catastrophic insurance affordable and help us keep primary care affordable by keeping it out of the national health care plan. Individual people can afford primary care as long as it is direct.

My name is **Tom**, and I am a physician working in a hospital practice in rural North Carolina. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and pushing for a large coordinated federal program for Covid-19 vaccination education to the public.

My name is **Daniel**, and I am a physician working in a hospital practice in rural North Carolina. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation’s health and worthy of significant investment.

My name is **Ed**, and I am a physician working in my own practice in rural North Carolina. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Dael**, and I am a physician working in a health system practice in urban North Carolina. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are unable to meet the current level of population need and it’s getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Sarah**, and I am a nurse practitioner working in a health system practice in rural North Carolina. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE and had

patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Brian**, and I am a physician working in a health system practice in suburban North Carolina. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

## North Dakota

My name is **Cori**, and I am a nurse practitioner working in a hospital practice in rural North Dakota. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, we barely survived the first wave and surge, we cannot survive the next, and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Ohio

My name is **Alberta**, and I am a nurse practitioner working in my own practice in rural Ohio. Because of the pandemic, I have gone into debt, had members of my practice furloughed or laid-off, and have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because without it we will not survive, if I close, people in my community have no other access, and access is already limited. Our folks cannot afford to go the ER. Our ER in Somerset only has 6 beds and does not house patients. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and Give Full Practice Authority to Nurse Practitioners.

My name is **Ann**, and I am a physician working in a community health center in urban Ohio. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently and moving to adopt universal health care coverage for all Americans. The pandemic has highlighted the fact that the US does not have a health care system. Health care in this country is fragmented and uncoordinated and costs Americans their lives in the best of times. The damage done by the pandemic will continue to take a toll on our collective health for years to come and will be best healed by finding a way to provide health care for all.

My name is **Misha**, and I am a practice team member working in a primary care setting in suburban Ohio. Because of the pandemic, I have seen extraordinary courage and dedication from the providers and staff to keep meeting the daily challenges. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mark**, and I am a nurse practitioner working in a hospital practice in rural Ohio. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated. Don't forget us. You said you were going to represent all of us!

My name is **Laurie**, and I am a physician working in a health system practice in rural Ohio. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Donna**, and I am a nurse working in a primary care setting in urban Ohio. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have seen patients die from COVID-19. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kelly**, and I am a nurse practitioner working in a direct primary care practice in suburban Ohio. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, we barely survived the first wave and surge, we cannot survive the next, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Heather**, and I am a nurse working in a community health center in rural Ohio. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by targeting primary care



with immediate financial relief, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Jennifer**, and I am a physician working in a government practice in urban Ohio. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because the federal government needs to help build back trust in the health care system and without it we will see dramatic increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Oklahoma

My name is **Sherry**, and I am a nurse practitioner working in a primary care setting in rural Oklahoma. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Paul**, and I am a physician working in a government practice in urban Oklahoma. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Oregon

My name is **Heather**, and I am a physician assistant working in a large medical group in rural Oregon. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and medical, PA and other students have not been able to complete training with preceptorships this year due to COVID. We have a very hard time recruiting providers to our rural clinic. You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and improving communication to the general public about science-based public health and best medical practices .

My name is **Greg**, and I am a physician working in a health system practice in rural Oregon. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care.

My name is **Janet**, and I am a physician working in a health system practice in suburban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and we have prioritized procedures over disease management to our detriment. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and clear and consistent messaging about science-based recommendations.

My name is **Kristin**, and I am a physician working in a community health center in rural Oregon. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we have levels of government distrust like never before. I am gravely concerned that less than 40% of my community will accept COVID vaccine due to distrust in the process and our leaders (including county community leaders who publicly say COVID is not affecting us). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Christina**, and I am a physician assistant working in a primary care setting in rural Oregon. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and student loan relief and repayment for primary care providers in all settings, not just government funded programs .

My name is **Laura**, and I am a physician working in my own practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, the federal government needs to help build back trust in the health care system, and primary care and good messaging from the top is the only way to reverse our current health trend of obesity, type 2 diabetes and heart disease. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Mark**, and I am a physician working in a direct primary care practice in suburban Oregon. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we need to rebuild the Public health infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Nicolette**, and I am a physician working in a large medical group in rural Oregon. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, the federal government needs to help build back trust in the health care system, and if

primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and encourage new graduates to go into primary care with the incentive of pay that will allow them to pay off their loans without being a specialist or surgeon. You won't have more primary care in this country unless you value all they do with a payment equal to specialists.

My name is **Mark**, and I am a physician working in a primary care setting in urban Oregon. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we need gloves and PPE that are fair market costs. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Molly**, and I am a nurse practitioner working in a primary care setting in suburban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, moving to adopt universal health care coverage for all Americans, and we need testing and contact tracing. We need financial support to those who need to quarantine due to exposure to the virus, pay people to be home if they have been identified as a high risk exposure. The vaccine may prevent severe illness but it may not prevent the spread, we don't know yet. We need more education about the virus and the vaccine both at the provider level so we can give the info to our patients and at the public level for messaging.

My name is **Jennifer**, and I am a physician working in my own practice in suburban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, we barely survived the first wave and surge, we cannot survive the next, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and include licensed naturopathic physicians in primary care legislation.

My name is **David**, and I am a practice team member working in my own practice in suburban Oregon. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and furloughed employees, greatly reduced in office patient visits. Primary care needs your help, because the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Deborah**, and I am a nurse practitioner working in my own practice in suburban Oregon. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, we are unable to meet the current level of population need and it's getting worse, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and the financial payment of services in primary health care, and especially developmental and behavioral health care is in crisis – we have a good month if we are paid 50% of what we are owed – most months we are paid less than 40% - what other job allows that rate of reimbursement. I, with a doctorate degree, and an average work week of 50+ hours, get paid less than nurses in the

hospital, plumbers, roofers, etc. I do it because I see the pain families are suffering when trying to parent children with behavioral and developmental challenges. These are the lost souls in our communities. The pandemic has only made it harder as the visits are now done through video conferencing – try to help a parent manage 2 hour long explosive outbursts through a video camera- it is hard and insurance companies will not pay for that service. Primary care providers are overwhelmed, pressured to see 7-9 patients per hour, and failing more than succeeding. Families are drowning. Insurance companies and politicians that support them are thriving.

My name is **Lisa**, and I am a nurse practitioner working in a community health center in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mike**, and I am a practice team member working in my own practice in rural Oregon. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, the federal government needs to help build back trust in the health care system, and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Robbie**, and I am a physician working in a primary care setting in rural Oregon. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, without it we will not survive, and we have received little help to this point and we are fragile. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Tara**, and I am a nurse practitioner working in my own practice in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Lisa**, and I am a physician assistant working in a direct primary care practice in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Abby**, and I am a physician working in a community health center in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out

and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Lori**, and I am a behavioral/mental health specialist working in a hospital practice in rural Oregon. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking and the federal government needs to help build back trust in the health care system. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Dan**, and I am a physician working in a community health center in rural Oregon. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Lindsay**, and I am a physician working in my own practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Julia**, and I am a physician working in a primary care setting in urban Oregon. Because of the pandemic, I have gone into debt and had members of my practice furloughed or laid-off. Primary care needs your help, because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Evan**, and I am a physician working in a health system practice in urban Oregon. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ron**, and I am a physician working in my own practice in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health



system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Thomas**, and I am a physician working in a health system practice in rural Oregon. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jani**, and I am a physician working in my own practice in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Lauren**, and I am a physician assistant working in a community health center in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by targeting primary care with immediate financial relief and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Amy**, and I am a physician working in a community health center in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Sohil**, and I am a physician working in a health system practice in suburban Oregon. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Sharlene**, and I am a physician working in my own practice in suburban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and moving to adopt universal health care coverage for all Americans.

My name is **Ellie**, and I am a nurse practitioner working in a community health center in suburban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Jen**, and I am a physician working in a primary care setting in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Gary**, and I am a physician working in my own practice in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Marianne**, and I am a physician working in a health system practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Kate**, and I am a physician working in a direct primary care practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Chris**, and I am a physician assistant working in a primary care setting in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Valerie**, and I am a physician working in a health system practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Emily**, and I am a physician working in a hospital practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Shelby**, and I am a nurse practitioner working in a community health center in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mike**, and I am a practice team member working in a health system practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely

infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Phyllis**, and I am a physician working in a community health center in rural Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated and moving to adopt universal health care coverage for all Americans.

My name is **Ellen**, and I am a physician working in a health system practice in urban Oregon. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mimi**, and I am a physician assistant working in a health system practice in suburban Oregon. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Michelle**, and I am a physician working in my own practice in urban Oregon. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

## Pennsylvania

My name is **Katherine**, and I am a physician working in a health system practice in suburban Pennsylvania. Because of the pandemic, I have seen extraordinary effort from staff to survive a system that was already broken. We're trying but the extra weight of COVID was too much. Primary care needs your help, because we are about to collapse, without it we will not survive, and if primary care fails, the health system goes with it. You have a chance to help us by announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future and moving to localize primary care, and removing the financial pressure of insurance determined quality measures so we can return to providing the care our patients need rather than the documentation our financiers require.

My name is **Catherine**, and I am a nurse practitioner working in a primary care setting in suburban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and my pay has been reduced and hours cut. I am living paycheck to paycheck as a single individual with a mortgage. Chronically ill patients are becoming sicker during the pandemic. Many have stopped taking care of themselves with worsening diabetes. More are depressed and cannot access counseling that is covered by insurance as there is a waiting list. Telehealth needs to continue reimbursement to primary care. It will take a long time before patients are comfortable returning to the office. My office will not jeopardize staff health with in person visits until everyone can be vaccinated and surge starts to decrease. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **Barbara**, and I am a physician working in a hospital practice in urban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and please address the mental health crisis in our children.

My name is **Carol**, and I am a nurse practitioner working in a health system practice in suburban Pennsylvania. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and without assistance, more primary care practices will close. Primary care is the backbone of our Health care. I and my colleagues are exhausted. We can't sustain this much longer! More in my practice will retire or leave primary care because primary care demands a large time commitment to give excellent care... often 60+hour work weeks.

My name is **Amy**, and I am a physician working in my own practice in suburban Pennsylvania. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and enacting pandemic-related civil liability protections against frivolous lawsuits for those following guidelines.

My name is **Russell**, and I am a physician working in my own practice in rural Pennsylvania. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.



My name is **Val**, and I am a physician working in my own practice in suburban Pennsylvania. Because of the pandemic, I have gone into debt, had members of my practice furloughed or laid-off, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, we barely survived the first wave and surge, we cannot survive the next, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **James**, and I am a physician working in a large medical group in rural Pennsylvania. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Geoff**, and I am a physician working in a health system practice in suburban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Tracey**, and I am a physician working in a community health center in urban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jennifer**, and I am a physician working in a health system practice in suburban Pennsylvania. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we barely survived the first wave and surge, we cannot survive the next, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Amy**, and I am a physician working in a health system practice in suburban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and

self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Karen**, and I am a physician working in my own practice in suburban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we have received little help to this point and we are fragile, the federal government needs to help build back trust in the health care system, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jennifer**, and I am a physician working in a primary care setting in suburban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Corinne**, and I am a physician working in a health system practice in urban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Don**, and I am a physician working in a primary care setting in suburban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Linda**, and I am a nurse practitioner working in a health system practice in urban Pennsylvania. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Angela**, and I am a nurse practitioner working in a hospital practice in suburban Pennsylvania. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we barely survived the first wave and surge, we cannot survive the next, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Puerto Rico

My name is **Daisy**, and I am a physician working in my own practice in urban Puerto Rico. Because of the pandemic, I don't see patients in my office. They are elderly and I am concerned of them getting infected in the building. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

## Rhode Island

My name is **Suryadutt**, and I am a physician working in my own practice in suburban Rhode Island. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and a way for us to be involved with the task force directly to voice our concerns and to actively help mitigate the risks in the community and the country at large.

My name is **Ana**, and I am a physician working in a health system practice in suburban Rhode Island. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a dedication to age friendly health care in a time of major suffering for older adults and their families by putting a geriatrician on your task force

My name is **Garrett**, and I am a physician working in a community health center in urban Rhode Island. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and eliminating barriers in credentialing and licensing between states (has affected many new members of our staff who wait months before being licensed despite no differences in credentialing between MA and RI). Also, support Medicare for All!!!

My name is **William**, and I am a physician working in a primary care setting in urban Rhode Island. Because of the pandemic, I had members of my practice furloughed or laid-off. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Dinusha**, and I am a physician working in my own practice in suburban Rhode Island. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Dawn**, and I am a physician working in a primary care setting in urban Rhode Island. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jeff**, and I am a physician working in a health system practice in urban Rhode Island. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we barely survived the first wave and surge, we cannot survive the next, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Joanne**, and I am a physician working in a health system practice in urban Rhode Island. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Beata**, and I am a physician working in my own practice in urban Rhode Island. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently,

moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## South Carolina

My name is **Saria**, and I am a physician working in a health system practice in suburban South Carolina. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Elisha**, and I am a physician working in a health system practice in urban South Carolina. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## South Dakota

My name is **Jake**, and I am a physician working in a health system practice in rural South Dakota. Because of the pandemic, I experienced significantly increased stress in my job. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and the federal government needs to help build back trust in the health care system. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Dan**, and I am a physician working in a government practice in urban South Dakota. Because of the pandemic, I have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market and the federal government needs to help build back trust in the health care system. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans.

My name is **Heather**, and I am a physician working in a health system practice in rural South Dakota. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine



that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Tennessee

My name is **Michael**, and I am a physician working in a health system practice in rural Tennessee. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Scott**, and I am a physician working in my own practice in suburban Tennessee. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care. Pediatricians have LONG been the primary care heroes with vaccinations. Work with pediatricians to distribute vaccines. We know how to do it!

My name is **Amanda**, and I am a nurse practitioner working in a safety net clinic in suburban Tennessee. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients avoid seeking care or medicine refills for their chronic health issues. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Rochelle**, and I am a nurse practitioner working in a government practice in suburban Tennessee. Because of the pandemic, I lost my job, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by targeting primary care with immediate financial relief, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies. We are more than capable of providing the necessary care our patients deserve and need during this pandemic. Physician supervisory regulations are detrimental in providing care to our community at large and our public needs us. Rural TN and minorities need us to fill in these vast care gaps. I want to start my own TH and home visit business but regulations prevent that from happening. Please help us help all Americans. We need government support, relief aide, in obtaining adequate PPE, gloves, surgical masks, isolation gowns, and N95s, even PAPRs for those that failed N95 fit testing... which are many, including me.

My name is **Catherine**, and I am a physician working in a primary care setting in suburban Tennessee. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources. distribution of a vaccine is going to require healthy primary care infrastructure, and we teach medical students and residents. Because of decreases in reimbursement our hospital partner is cutting the number of physicians (resident funded slots) that we train. This is a terrible idea in the middle of the pandemic. It is not appropriate to send all money

paid for training physicians directly to hospitals, as the hospitals make much more money from a neurosurgeon practicing in their hospital than they do from an Internal Medicine or Family Practice physician. The hospitals have a conflict of interest. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Allison**, and I am a nurse practitioner working in a government practice in rural Tennessee. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and I have decided to get another certification to move out of primary care. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

## Texas

My name is **James**, and I am a physician working in a direct primary care practice in suburban Texas. Because of the pandemic, due to being in a direct primary care setting, my practice has continued caring for patients in a flexible manner. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and our system is very strongly biased against primary care - and the consequences are evident in our very expensive dysfunctional "system". Simply providing insurance coverage to access a broken system will not fix the problem - it may make it worse. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment. Direct primary care should be recognized by payers, including Medicare, as a cost effective manner to provide primary medical care. Instead of placing barriers to this form of value based care, direct primary care should be incentivized. Allowing the few large national health insurance companies to mandate ongoing fee for service style primary care will eventually eliminate well trained, capable, multi-talented primary care physicians who will be replaced by "referral personnel".

My name is **Bruce**, and I am a physician working in my own practice in rural Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and am in the process of finding a buyer for my practice. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking and we have received little help to this point and we are fragile. You have a chance to help us by recognizing we have been underfunded for decades without any glimmer of help. We, as a small office are having a hard time taking care of our patients. Primary care docs see the vast majority of all patient visits. I feel that we have been held hostage by the two political parties during the election. Instead of caring for America, the leadership has focused on winning elections. Get a PPP program passed, so that we can do what we do best.

My name is **Mary**, and I am a physician working in my own practice in suburban Texas. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Kara**, and I am a physician working in a direct primary care practice in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because it has been so undermined by the last year of idiocy. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a

COVID-19 vaccine that is clearly communicated, and we need to renew the “fireside chat”. Americans needs a place to go every single day to get good information, plainly stated. The confusion and fear was a petri dish for crazy, conspiracy theories to grow. In April, I had a zoom meeting with family and they asked “how long will it be before we get back to something like normal”. People hazarded guesses and I said “two years”. No one wanted to hear it but it was and is the truth. People can endure even long periods if they know what to expect and they know there is a plan for how to address it. We should have planned for two years of this at the start.

My name is **Luci**, and I am a physician working in a health system practice in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and I am very worried about meeting post-COVID care needs. We have more and more patients reporting long-term sequelae of acute infection. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and most importantly, help us by helping our patients to stay home when they are sick, and helping them to continue to have the resources to get the care they need for their other medical issues.

My name is **Jack**, and I am a physician working in a direct primary care practice in rural Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and too much of primary care is currently owned and directed by corporations. You cannot put a primary care doctor in a position of subservience to a corporation and expect that Dr. to do what is right for the patient over what is right for the Corporation. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated and remove primary care from the equation. You have a nation of healthcare to take care of. Primary care is simple, straightforward, and incredibly rewarding to the doctors that provided. Let them do their jobs, don't require a bunch of oversight, metrics, and needless paperwork. Get government and insurance out of primary care. Then government and insurance can move forward with trying to control the real costs of healthcare.

My name is **Bev**, and I am a nurse practitioner working in a primary care setting in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a large number of people who no longer have insurance and cannot afford their health care costs. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and allow nurse practitioners and physician assistants with more than 3 years of full-time experience to practice independent to the full extent of their training. There is abundant data to support the safety of our practice.

My name is **Alan**, and I am a physician working in a health system practice in rural Texas. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and primary care is the foundation of all medicine in this country. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and I feel too much time has been devoted to ivory tower medicine. True medicine is practiced in family medicine clinics.

My name is **Barbara**, and I am a physician working in a free or charitable clinic in rural Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic

increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are about to collapse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and stop the foot dragging on value based care and implement NOW. Medicare for ALL or universal coverage of health care is the only way to stop health disparities on basis of race, gender, socioeconomic status and immigration status. Discrimination in healthcare has been in my face for 50 years in North Texas and it needs to end!

My name is **Elizabeth**, and I am a physician working in my own practice in suburban Texas. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and I can no longer in good faith recommend becoming a primary care doctor to young students and my children have no interest because of what they have seen me experience. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Rebecca**, and I am a physician working in a primary care setting in suburban Texas. Because of the pandemic, I lost my job and changed to another practice because our clinic closed due to poor reimbursement.. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Roger**, and I am a physician working in a health system practice in urban Texas. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by reducing red tape and federal government involvement and allowing private to be held responsible to lower premiums to give more choices instead of limited choices from a federal plan.

My name is **Jan**, and I am a nurse practitioner working in a hospital practice in rural Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and please listen to your nurses. This is not a joke like some thought. We are fighting everyday for our patients and ourselves.

My name is **Ethan**, and I am a physician working in a health system practice in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients get sick from foregoing care because too scared to come to clinic and ED. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear

distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Charmaine**, and I am a physician working in a primary care setting in suburban Texas. Because of the pandemic, I struggle with contact tracing and patient education on COVID-19. Primary care needs your help, because without it we will not survive, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **John**, and I am a physician working in a primary care setting in urban Texas. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and the financing model for primary care, more hoops to jump through that add absolutely no value and cost us time and money, makes rural (my past job) and urban practice untenable. And we will not get more primary physicians by continuing to underpay them. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Evelyn**, and I am a physician working in a government practice in rural Texas. Because of the pandemic, I have seen patients die from COVID-19, have seen patients die from COVID-19 related gaps in care, and saw medical practices close. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and we are unable to meet the current level of population need and it's getting worse. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Megan**, and I am a nurse practitioner working in a primary care setting in suburban Texas. Because of the pandemic, I lost my job, have gone into debt, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and there are thousands of us who have been laid off due to lack of support. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Sharon**, and I am a physician working in my own practice in suburban Texas. Because of the pandemic, I had staff out from COVID, but we managed. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Michelle**, and I am a physician working in a primary care setting in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining



all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and bolster Obamacare to make premiums truly affordable that presents a basic, decent minimum for healthcare coverage. Reduce administrative burden, make the EMR work for the providers instead of the providers acting as data entry clerks. Universal results and medication system that is functional across EMR and updates real time. Medical records systems need to have pertinent information not 20 pages of insurance/demographics/duplicate bloat that we have in HIE systems now. Universal masking.

My name is **Debra**, and I am a physician working in my own practice in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because if primary care fails, the health system goes with it, we are not ready for the next wave of the pandemic or the long-term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Christine**, and I am a physician working in a primary care setting in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and the federal government needs to help build back trust in the health care system. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Seth**, and I am a physician working in my own practice in suburban Texas. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Erica**, and I am a physician working in my own practice in urban Texas. Because of the pandemic, I sold my practice to a larger group, had members of my practice furloughed or laid-off, and have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Robyn**, and I am a physician working in my own practice in urban Texas. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity

permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Paul**, and I am a physician working in a health system practice in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Ambur**, and I am a physician working in a primary care setting in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Javier**, and I am a physician working in my own practice in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Mike**, and I am a physician working in my own practice in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and we barely survived the first wave and surge, we cannot survive the next. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Bane**, and I am a physician working in a large medical group in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Deepa**, and I am a physician working in a health system practice in urban Texas. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system

goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Tami**, and I am a physician working in my own practice in suburban Texas. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Neena**, and I am a practice team member working in a free or charitable clinic in urban Texas. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Melinda**, and I am a physician working in a health system practice in suburban Texas. Because of the pandemic, I had members of my practice furloughed or laid-off and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Summer**, and I am a physician working in my own practice in rural Texas. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Daniel**, and I am a physician working in a community health center in suburban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Brian**, and I am a physician working in a community health center in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Cristian**, and I am a physician working in a community health center in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **May**, and I am a physician working in a primary care setting in urban Texas. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Burritt**, and I am a physician working in a community health center in urban Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ronald**, and I am a physician working in a large medical group in suburban Texas. Because of the pandemic, I had members of my practice furloughed or laid-off, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Robert**, and I am a physician working in a large medical group in urban Texas. Because of the pandemic, I had members of my practice furloughed or laid-off, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at

parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Louis**, and I am a physician working in a hospital practice in rural Texas. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Utah

My name is **Jay**, and I am a physician working in a community health center in urban Utah. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and the poorest and most vulnerable have no health care. We need to care for them. You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and develop a national system of EMR information exchange that works to always and accurately get information from multiple hospital systems to primary care offices. My patients can be admitted to 4 different systems and NONE of the hospitals or systems sends us notes or X-rays or labs or notifies us of what happened. The results sit in the computers where the patient was seen, assuming that I will log on to the computer and get the results every day, for every hospital system. It is a disaster. It is a disgrace and Primary care doctors and offices carry the burden of this huge problem. It is a huge time suck and a huge waste in resources.

My name is **Marc**, and I am a physician working in a government practice in urban Utah. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen tremendous suffering: social, emotional, financial and medical. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Timothy**, and I am a physician working in a health system practice in urban Utah. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and ensure that geriatricians are at the table in discussions of national, state, and local distribution of COVID vaccine because older adults are disproportionately affected by COVID in terms of morbidity, mortality, and social isolation.



My name is **Spencer**, and I am a physician working in a health system practice in suburban Utah. Because of the pandemic, I had members of my practice furloughed or laid-off. Primary care needs your help, because the federal government needs to help build back trust in the health care system and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Pete**, and I am a physician working in my own practice in suburban Utah. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Mara**, and I am a physician working in my own practice in urban Utah. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because practices do not have the resources to compete for supplies like PPE on the open market, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **John**, and I am a physician working in a free or charitable clinic in suburban Utah. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kirsten**, and I am a physician working in a large medical group in suburban Utah. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Holly**, and I am a practice team member working in a primary care setting in urban Utah. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by developing a clear distribution plan for a

COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

## Vermont

My name is **Emily**, and I am a nurse practitioner working in a community health center in rural Vermont. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and moving to adopt universal health care coverage for all Americans.

My name is **William**, and I am a physician working in a hospital practice in rural Vermont. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Virginia

My name is **Bill**, and I am a physician working in my own practice in rural Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and office staff stress at all time high; some have had to quit to take care of kids at home out of school. Always someone, sometimes multiples, not at work because of COVID. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and we need the resources to respond to the unmet medical and social needs of our patients. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and Supporting programs to train appropriate personnel for primary care office teams.

My name is **Grace**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and had patients poor control diabetes and weight gain. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and we cannot fulfill the substance use and mental health crisis from COVID. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Kirn**, and I am a physician working in a health system practice in urban Virginia. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, have seen patients die from COVID-19, and race and poverty determine who gets the best treatment for COVID. Primary care needs your help,

because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and you are going to lose a lot of us. We are tired. We are working too many hours because we care. Our system leaders do not understand nor care. Our families are making sacrifices. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Maura**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have been able to continue to provide care via phone/video/selected in-person because I am an independent Direct Primary Care practice. We are able to supply physicians and nurse with properly fitted N95 masks to protect. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking. You have a chance to help us by providing primary care offices with free N95 masks of type that people have been fit-tested for. A box of 20 masks per person can be cycled through and reused every 20 days. Mail every person living in America a N95 mask of some type and encourage them to wear this when they are doing essential errands. Even if these N95s are not fit-tested, they should still offer better protection than a cloth or surgical mask. Be clear that SARS-CoV-2 can be transmitted via aerosols and that a cloth or medical grade surgical mask offers limited protection compared to a properly fitted N95 mask. So glad you have Dr. Osterholm on the task force! He has been my most trustworthy source of information throughout the pandemic and I am incredibly grateful for him taking the time to share his knowledge through The Osterholm Update podcast.

My name is **Susan**, and I am a physician working in my own practice in rural Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and I make less than \$20,000/year. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sandra**, and I am a physician working in a community health center in rural Virginia. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and primary care reimbursement must become heavily based on zip code. Social determinants of health are obviously, overwhelmingly, geographic. Doctors like me, taking care of these patients, have to work twice as hard, and live in areas that are hard for our spouses to access employment. We need to be compensated accordingly. Look at Canada's percentage they add on for primary care in rural areas. It is very appropriate and sensible, and could save hundreds of thousands of lives in this country.

My name is **Ruth**, and I am a nurse practitioner working in a health system practice in suburban Virginia. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and restructure same pay/reimbursement through CMS for the same work between MD, DO, NP and PA. The Team mantra is not helping me or my patients who have barriers place when I need a stranger sign off of their care. The Healthcare Team leader is not leading me, not caring for my patients and gets paid twice as much. 10 years + experience and a doctorate which I will never afford to pay off and I am still referred to as a lower level.

My name is **Michael**, and I am a practice team member working in a direct primary care practice in rural Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently and implement a policy regarding PBM's and rising drug costs (transparency is a good first step). Implement a policy to allow Pharmacists to work as a provider to address certain issues and perform, AWW, CCM, and Telehealth. Increase funding and support for mental health patient desperately need help.

My name is **Tien**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and borrowed from my IRA. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Kelly**, and I am a nurse practitioner working in a primary care setting in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse and distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and ensuring nurses are represented on your COVID advisory boards.

My name is **Marie**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and am frustrated with turnaround time for results. And can't get asymptomatic tested for contact tracing. Primary care needs your help, because the federal government needs to help build back trust in the health care system, we barely survived the first wave and surge, we cannot survive the next, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **James**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and Primary Care is the cornerstone of health care. Not specialists!

My name is **Sumi**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and in primary care, whether patients have died, we are responsible for knowing everything COVID and nonCOVID for our patients. This is not the time for compartmentalized medicine, but a home for where patients can truly be cared for in aspects of adverse effects from the pandemic, ongoing management of chronic condition, and continued promotion of wellness and disease prevention. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system

goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **William**, and I am a physician working in my own practice in urban Virginia. Because of the pandemic, our practice has been under financial stress. Primary care needs your help, because we are about to collapse, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Janice**, and I am a nurse practitioner working in a primary care setting in suburban Virginia. Because of the pandemic, I faced incredibly frustrating challenges in getting patients tested, and then getting those test results, for COVID 19 over the last 8 months. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Kimberly**, and I am a physician working in a primary care setting in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and funding more residency positions. Each year fully qualified physicians are graduating medical school with no prospects for a career because there are not enough residency positions to train them. This is controlled by Congress. The Fauci effect is inspiring... and a dead end unless Congress corrects this strangulating bottleneck.

My name is **Meredith**, and I am a physician working in a health system practice in suburban Virginia. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Barbara**, and I am a physician assistant working in a hospital practice in urban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, our pipeline for new primary care workforce members is now shrinking, and we are unable to meet the current level of population need and it's getting worse. You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and supporting Optimal Team Practice for physician assistants nationally.

My name is **Roger**, and I am a physician working in a health system practice in urban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen long term consequences from infection in young adults. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity



permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Chris**, and I am a physician working in a hospital practice in rural Virginia. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and a dedicated but dispassionate approach to healthcare legislation in the United States based on the best available science/expert opinion is paramount.

I am a physician working in a direct primary care practice in rural Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Joseph**, and I am a physician working in a primary care setting in rural Virginia. Because of the pandemic, I have gone into debt, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because we are about to collapse, without it we will not survive, and so many are choosing to retire early or leave practice because it is too dangerous without proper resources. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Robert**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Joanne**, and I am a physician working in a large medical group in suburban Virginia. Because of the pandemic, I have gone into debt, had members of my practice furloughed or laid-off, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Julia**, and I am a physician working in a community health center in urban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long term health

impacts of COVID-19, and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Prashanthi**, and I am a physician working in a health system practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Michael**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Laura**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Kathryn**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because if primary care fails, the health system goes with it, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Kim**, and I am a physician working in a primary care setting in suburban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Julia**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Kate**, and I am a physician working in my own practice in urban Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and moving to adopt universal health care coverage for all Americans.

My name is **Robert**, and I am a physician working in a health system practice in urban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Nancu**, and I am a nurse practitioner working in a health system practice in urban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by sustaining all telehealth payments at parity permanently and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Lerla**, and I am a physician working in my own practice in urban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, practices do not have the resources to compete for supplies like PPE on the open market, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Glenn**, and I am a physician working in my own practice in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, we barely survived the first wave and surge, we cannot survive the next, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jesus**, and I am a physician working in a primary care setting in suburban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Crain**, and I am a physician working in a large medical group in urban Virginia. Because of the pandemic, I have gone into debt. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Daniel**, and I am a physician working in a large medical group in suburban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are about to collapse, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

I am a physician working in a health system practice in rural Virginia. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **John**, and I am a physician working in a primary care setting in urban Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Bergen**, and I am a physician working in a health system practice in urban Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length

of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Washington

My name is **Joy**, and I am a physician working in my own practice in suburban Washington. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and I can survive financially although I am earning very little due to increased costs as I have other financial resources. I could not do this practice if I had to support myself. It is not financially viable due to Covid 19. I have spent a fortune on PPE. Primary care needs your help, because without it we will not survive, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and as above, I am only surviving because I have other sources of income and do not want to abandon my patients. I am 65, high risk and do not have to practice medicine. You have a chance to help us by targeting primary care with immediate financial relief, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies. Primary care physicians need to be paid more by private insurances and Medicare. I take care of multiple patients with complex medical problems and am completely under reimbursed. The system needs to value taking care of people with mutiple medical problems, not just surgeries etc.

My name is **Bill**, and I am a physician working in a health system practice in rural Washington. Because of the pandemic, I have seen patients die from COVID-19 and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, the federal government needs to help build back trust in the health care system, and we are putting out fires politicians are starting / fanning related to confusion. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and YOU are a big part of the problems because of your bickering, self interests, political game playing that holds up availability of resources and fosters confusion and general anger because of your ineffectiveness. WE need you to get over yourselves, get out of the way, and present a solid, unified program to solve this problem instead of prolonging it.

My name is **Shelby**, and I am a physician working in a primary care setting in suburban Washington. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from covid directly and indirectly with fear of being seen in ERs or coming in for needed evaluations. Primary care needs your help, because without it we will not survive, the federal government needs to help build back trust in the health care system, and there is more focus on hospital and specialty physicians, but the in office primary care physicians are often looked over. We often end up doing a significant amount of extra work that other specialists won't do because they don't get paid for their time....we don't either, but it gets dumped to "your primary care doctor". The increase in unpaid work for primary care physicians is astounding.... support, at home calls to patients, filling out forms, letters to work. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Elizabeth**, and I am a physician working in my own practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if I close, people in my community have no other access, and other groups and "providers" are creeping in to the fill the gap unchecked and providing substandard care which further degrades the trust in primary care. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and considering small private Family Doctor offices (regardless of insurance payers like Private insurers, medicaid plans or Medicare) when you provide the above support and assistance. Please! My patients are largely uninsured and don't get Medicare or medicaid



(and my office can help them by opting out of these things). They don't get the help they need as much as other Americans who see doctors who bill insurance and accept help from Medicare (and who they can't afford or from whom they can't get the same level of care that they get from me).

My name is **Matt**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our mission is to care for our patients regardless of ability to pay, and we have managed to surmount every challenge the pandemic has thrown at us thus far in order to keep serving our community. But we have staff with lingering covid symptoms who cannot return to work but have exhausted all their covid and other leave time. We have other staff who could work, but have to be home with their kids because schools and daycare centers are not open. Some of them are running out of expanded leave time as well. And both our patients and staff are struggling not just with the fear of covid, but the undeserved stigma and shame that disproportionately lands on our BIPOC communities who are bearing the brunt of the pandemic. You have a chance to help us by targeting primary care with immediate financial relief, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and Telehealth payments may not ALL need to be extended at parity permanently, but they do ALL need to be extended at parity for at least the duration of the pandemic, with a thoughtful reassessment once we actually get it under control. The better long-term approach will be to strengthen primary care but shifting to a non-FFS based reimbursement model, telehealth or otherwise. Give primary care practices a predictable, flexible revenue stream, and allow us to adapt our delivery models to meet the needs of our particular patients and communities. The creativity and agility demonstrated by primary care practices like ours over the past 9 months has been admittedly beyond even our own wildest dreams, but every crisis is indeed an opportunity. This one has shown us a new way forward, we just need our payors to partner with us so we can walk the path we now see before us.

My name is **Michael**, and I am a physician working in my own practice in suburban Washington. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it. You have a chance to help us by demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment and if the whole country had a PCP like myself and my PA, we would be able to diagnose and treat Covid as a primarily outpatient disease that can be diagnosed early and treated with proven oral agents before it advances to hospitalization and possible death. Not having a primary care backbone to our health system is incredibly inefficient and expensive. Far too many good people have died.

My name is **Alaa**, and I am a physician working in a community health center in rural Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen patients die from COVID-19. Primary care needs your help, because we have received little help to this point and we are fragile, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, providing federal guidance on masks, social distancing, and length of quarantine time, and in a very suboptimal climate of practice and with hospital beds at capacity, we need more clear protection from fear of unjustified malpractice lawsuits.

My name is **Tabitha**, and I am a nurse practitioner working in my own practice in rural Washington. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen patients die from COVID-19, and saw clinicians and nurses die. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, practices do not have the resources to compete for supplies like PPE on the open market, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Ginny**, and I am a practice team member working in a health system practice in suburban Washington. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and Medicare does not reimburse pharmacist as providers in primary care and they help fill the gap of understaffed clinics, but it is hard to find resources to pay them when Medicare doesn't reimburse for their visits. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Diana**, and I am a physician working in a health system practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and strengthening unemployment benefits and financial support for individuals during the pandemic so they can take care of their basic needs.

My name is **Alison**, and I am a physician working in a primary care setting in rural Washington. Because of the pandemic, we are plodding along but I suspect we will see lasting impacts for years to come. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Joe**, and I am a nurse practitioner working in a direct primary care practice in suburban Washington. Because of the pandemic, I lost my job, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and employers who terminate medical staff in a pandemic should be fined and correct this action.

My name is **Heather**, and I am a nurse practitioner working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and please do what you can to open land borders. My patients have gone without medicine because they cannot go buy it in Canada or Mexico.

My name is **Erika**, and I am a physician working in my own practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we

are unable to meet the current level of population need and it's getting worse, we have received little help to this point and we are fragile, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and immediately move to guarantee every American has full and unfettered coverage for primary care services and that it is paid for via a fixed monthly fee to a primary care provider of their choice, regardless of insurance status (similar to the direct primary care model) until we have universal and complete health insurance coverage for all, and then continue that payment model to ensure the stability and future function of primary care as the foundation of a highly functional health care system for our country.

My name is **Britt**, and I am a physician working in a free or charitable clinic in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and inspect and enforce infection control in SNF and pay the providers of care (RN, LPN) a living wage. Not reward system owners.

My name is **Jonathan**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and passing legislation and authorizing funding that can mitigate the socioeconomic impacts on our patients and the communities we serve and who have to make difficult choices between what to prioritize (food, housing, medication, health care access, etc).

My name is **Mark**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and we have struggled to provide basic chronic disease and preventive care to a large number of our patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Julie**, and I am a physician working in my own practice in rural Washington. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. We are a privately owned rural practice with an urgent care. All the other independently owned practices closed in our region. The large hospitals withdrew services to concentrate on their own facilities. 9 practices have closed in 3 months. We are struggling, but will survive because as small business owners we can borrow against our homes. What do you think will happen to the 150,000 people our small clinic serves if we close? Please help private small primary care/urgent care to keep people out of the ERs! Medicine starts at home or in an outpatient office, not just an ER! You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care.

My name is **Vicki**, and I am a practice team member working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and a major issue is the pressure on existing revenue streams - lack of predictability - federal grant annual thrash, threats to FQHC's ability to provide pharmacy due to attempts to remove the 340b benefit for Medicaid patients, and State attempts to modify payment mechanisms in this time of care delivery crisis.

My name is **Blanca**, and I am a physician working in a community health center in suburban Washington. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we have received little help to this point and we are fragile, and the federal government needs to help build back trust in the health care system. You have a chance to help us by enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, moving to adopt universal health care coverage for all Americans, and Medicare for all is a must. No more universal coverage, we need universal HEALTHCARE. No human or shareholder capitalize to this degree from disease and suffering.

My name is **Andrea**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen patients die from COVID-19 related gaps in care, and am watching my colleagues and staff completely disintegrate under the pressure of what is at stake. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Chris**, and I am a physician working in a health system practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and I know we are putting out fires, but please don't lose sight of the urgency of Americans needing healthcare. Universal healthcare is not a far away goal - it should have been yesterday, it can be now – with your leadership. Please don't settle for less in the spirit of working together - our patients are dying - we can work together AND provide healthcare for all. Please listen to us - I beg you.

My name is **Catherine**, and I am a physician working in a primary care setting in suburban Washington. Because of the pandemic, I lost my job, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and not shutting down the country and putting

millions of young Americans out of jobs that can keep our economy functioning. Retired and medically vulnerable people can quarantine with the help of the government. But our young people may never have their careers, life opportunities, or economic situations recover from this pandemic and the things the government has done to them.

My name is **Shawn**, and I am a physician working in a health system practice in rural Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and we need to continue to innovate, eliminate barriers to access, insure that basic needs are met (food, shelter, education, healthcare, etc). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Erica**, and I am a physician working in a hospital practice in rural Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Martin**, and I am a physician working in a hospital practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had patients who were likely infected with COVID-19 but could not be tested, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies.

My name is **Russell**, and I am a physician working in a community health center in rural Washington. Because of the pandemic, I had members of my practice furloughed or laid-off and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Carla**, and I am a physician working in a primary care setting in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Liza**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a



dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because if primary care fails, the health system goes with it, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave), and if I close, people in my community have no other access. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **John**, and I am a physician working in a safety net clinic in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Birgit**, and I am a physician working in a health system practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Patrick**, and I am a physician working in a primary care setting in suburban Washington. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Megan**, and I am a physician working in a large medical group in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, if primary care fails, the health system goes with it, and we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Steve**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is

clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Debra**, and I am a physician working in my own practice in urban Washington. Because of the pandemic, I have gone into debt, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, we have received little help to this point and we are fragile, and practices do not have the resources to compete for supplies like PPE on the open market. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and moving to adopt universal health care coverage for all Americans.

My name is **Tricia**, and I am a physician working in a health system practice in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Benno**, and I am a physician working in a community health center in rural Washington. Because of the pandemic, I have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Daniel**, and I am a physician working in a community health center in rural Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources. You have a chance to help us by targeting primary care with immediate financial relief and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Teresa**, and I am a nurse practitioner working in a community health center in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Shannon**, and I am a physician working in a large medical group in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear

distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and moving to adopt universal health care coverage for all Americans.

My name is **Dane**, and I am a physician working in a community health center in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, distribution of a vaccine is going to require healthy primary care infrastructure, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and moving to adopt universal health care coverage for all Americans.

My name is **Scott**, and I am a physician working in a large medical group in urban Washington. Because of the pandemic, I had members of my practice furloughed or laid-off and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Roxanne**, and I am a physician working in a direct primary care practice in suburban Washington. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Allison**, and I am a physician working in a health system practice in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because if primary care fails, the health system goes with it, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Anna**, and I am a physician working in a safety net clinic in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Natalie**, and I am a physician working in a primary care setting in urban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from

COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sara**, and I am a physician working in a hospital practice in rural Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are about to collapse, without it we will not survive, and we are unable to meet the current level of population need and it's getting worse. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Greg**, and I am a physician working in my own practice in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Susan**, and I am a physician working in a large medical group in suburban Washington. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, enacting federal coordination and subsidies for primary care purchase of PPE and COVID-19 testing and vaccination supplies, and providing federal guidance on masks, social distancing, and length of quarantine time.

I am a physician working in my own practice in urban Washington. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

## West Virginia

My name is **Laura**, and I am a behavioral/mental health specialist working in a free or charitable clinic in rural West Virginia. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if I close, people in my community have

no other access, and we provide harm reduction services to people who inject drugs. The overdose rate is soaring and we are constantly in need of supplies as our numbers increase and our provision of service is strained due to COVID restrictions and the safety of our clients and staff. Please allocate funds to support harm reduction and allow CDC funds to be used to pay for both Fentanyl test strips and syringes! You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sharon**, and I am a nurse practitioner working in a health system practice in rural West Virginia. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Bradley**, and I am a physician working in my own practice in urban West Virginia. Because of the pandemic, I had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, distribution of a vaccine is going to require healthy primary care infrastructure, and if primary care fails, the health system goes with it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Wisconsin

My name is **Ben**, and I am a physician working in a hospital practice in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and I and other practice members infected and isolated resulting in less care providers available. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, the federal government needs to help build back trust in the health care system, and the US health care industry (not a system) has failed Americans and needs to be replaced. Has become more corporate in reaction to Obamacare. You have a chance to help us by publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, moving to adopt universal health care coverage for all Americans, and stop profit driven physician certification system that pushes costly, time consuming and unnecessary maintenance of certification. Other options are available.

My name is **Rod**, and I am a physician working in a health system practice in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because the federal government needs to help build back trust in the health care system, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and we are facing a mental health crisis and the current health care has neither the capacity or ability to manage it. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, providing federal guidance on masks, social distancing, and length of quarantine time, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Adam**, and I am a physician working in a health system practice in urban Wisconsin. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients and have



seen patients die from COVID-19. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if primary care fails, the health system goes with it. You have a chance to help us by moving to adopt universal health care coverage for all Americans, demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment, and incorporate the VA's amazing Whole Health system model more broadly.

My name is **Ian**, and I am a physician working in a health system practice in urban Wisconsin. Because of the pandemic, I have seen patients die from COVID-19, have seen patients die from COVID-19 related gaps in care, and have been practicing telemedicine from home (I am 72). Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and moving to adopt universal health care coverage for all Americans.

My name is **Danalyn**, and I am a physician working in a health system practice in urban Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Anne**, and I am a physician working in a health system practice in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because without it we will not survive, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Denise**, and I am a nurse working in a free or charitable clinic in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients and had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE. Primary care needs your help, because distribution of a vaccine is going to require healthy primary care infrastructure, if primary care fails, the health system goes with it, and if I close, people in my community have no other access. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Joseph**, and I am a physician working in a hospital practice in urban Wisconsin. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, we are unable to meet the current level of population need and it's getting worse, and we have received little help to this point and we are fragile. You have a chance to help us by targeting primary care with immediate financial relief, publicly pressuring private insurers and self-insured businesses to increase their financial support of primary care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jennifer**, and I am a physician working in a health system practice in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, we are unable to meet the current level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Jensena**, and I am a physician working in a health system practice in rural Wisconsin. Because of the pandemic, I had patients who were likely infected with COVID-19 but could not be tested, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because we are about to collapse, we have received little help to this point and we are fragile, and if primary care fails, the health system goes with it. You have a chance to help us by sustaining all telehealth payments at parity permanently, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Sree**, and I am a physician working in a health system practice in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we are unable to meet the current level of population need and it's getting worse, the federal government needs to help build back trust in the health care system, and if primary care fails, the health system goes with it. You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care.

My name is **Jennifer**, and I am a physician working in a health system practice in urban Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by moving to adopt universal health care coverage for all Americans, announcing federal intention to dismantle regulatory and financial obstacles to primary care financing and team-based care, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ildi**, and I am a physician working in a health system practice in urban Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because the federal government needs to help build back trust in the health care system, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by providing federal guidance on masks, social distancing, and length of quarantine time, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

My name is **Ronni**, and I am a physician working in a health system practice in urban Wisconsin. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, and have seen a dramatic increase in substance use and mental health concerns among my patients. Primary care needs your help, because we are about to collapse, we are unable to meet the current

level of population need and it's getting worse, and the federal government needs to help build back trust in the health care system. You have a chance to help us by sustaining all telehealth payments at parity permanently, targeting primary care with immediate financial relief, and developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated.

My name is **Mark**, and I am a physician working in a hospital practice in suburban Wisconsin. Because of the pandemic, I had members of my practice furloughed or laid-off, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because without it we will not survive, our pipeline for new primary care workforce members is now shrinking, and if primary care fails, the health system goes with it. You have a chance to help us by targeting primary care with immediate financial relief, developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, and providing federal guidance on masks, social distancing, and length of quarantine time.

My name is **Sara**, and I am a practice team member working in a free or charitable clinic in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because our pipeline for new primary care workforce members is now shrinking, we are unable to meet the current level of population need and it's getting worse, and if I close, people in my community have no other access. You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future.

My name is **Deana**, and I am a physician working in a hospital practice in rural Wisconsin. Because of the pandemic, I have seen a dramatic increase in substance use and mental health concerns among my patients, have seen patients die from COVID-19, and have seen patients die from COVID-19 related gaps in care. Primary care needs your help, because so many are choosing to retire early or leave practice because it is too dangerous without proper resources, if primary care fails, the health system goes with it, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by targeting primary care with immediate financial relief, announcing and establishing a federal group to assess primary care vulnerabilities during the pandemic and what actions would prevent them in the future, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.

## Wyoming

My name is **Sheriedan**, and I am a nurse practitioner working in my own practice in suburban Wyoming. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, have seen a dramatic increase in substance use and mental health concerns among my patients, and have seen patients die from COVID-19. Primary care needs your help, because we have received little help to this point and we are fragile, practices do not have the resources to compete for supplies like PPE on the open market, and the federal government needs to help build back trust in the health care system. You have a chance to help us by moving to adopt universal health care coverage for all Americans and ensure that all insurances reimburse Nurse Practitioners at the same rate as physicians for the same care. Nurse Practitioners provide the same primary care services and quality of care, but automatically take at least a 15% discount on reimbursements. There are numerous systemic reasons for this including physician lobbying groups have more money to work with, nurse practitioner scopes are determined state by state, and nurse practitioners are predominantly female to name a few.

My name is **James**, and I am a physician working in a hospital practice in rural Wyoming. Because of the pandemic, I have seen a dramatic increase in housing, food, and/or insurance fragility among my patients, had practice members (or myself) out and presumed infected with COVID-19 due to lack of PPE, and had patients who were likely infected with COVID-19 but could not be tested. Primary care needs your help, because if primary care fails, the health system goes

with it, we are not ready for the next wave of the pandemic or the long term health impacts of COVID-19, and without it we will see dramatic and increases in all disease morbidity and mortality (we have published findings of this from the first wave). You have a chance to help us by developing a clear distribution plan for a COVID-19 vaccine that is clearly communicated, moving to adopt universal health care coverage for all Americans, and demonstrating a national commitment to support primary care focus as foundational to the nation's health and worthy of significant investment.